



Join the Brenau LEWC for:
**THRIVE TOGETHER: COMMUNITY
WELLNESS AND HEALTH EMPOWERMENT**



**MOBILITY AND
GENERAL STRENGTH
TESTING**

**VITAL SIGN
COLLECTION AND
EDUCATION**

GLUCOSE TESTING

What is it?

This event is designed for all members of the community looking to understand more about their health. Join us for free health screenings, information on nutrition and fitness, interactive demonstrations, resources and advice to help you lead a healthier life.

Let's take a step towards a healthier community that thrives together!

TUES

**September 10, 2024
5:30pm - 6:30pm**

Brenau Downtown Center

301 Main Street NW
Gainesville, GA

To register, email brenauwellness@brenau.edu or scan the QR code:

